

Transform Aesthetic Center

Theresa Huyen, MD

Dysport/Botox/Xeomin Post Treatment Care

Please Do

- You are welcome to apply makeup after your treatment, but please use a gentle touch to avoid rubbing the area.
- You may take Tylenol for any headaches or discomfort as long as you do not have any allergies to Tylenol
- Call and schedule your next appointment once you see the muscles beginning to gain movement again
- Remain upright for 4 hours after injection

Please Avoid

- Do not rub or massage the treated area for 24 hours after your treatment.
- Do not do strenuous exercise for 4 hours post-treatment. This will minimize the risk of raising your blood pressure and therefore, reduce the risk of temporary bruising.
- Avoid facials or saunas for 4 hours after your treatment.
- Do not take Ibuprofen, aspirin or vitamin E for 24 hours after injection
- Do not lie face down (i.e., massage) for 4 hours after treatment. This prevents unnecessary pressure on treated areas.

Treatment Results/Expectations & Follow-up

- The results of your treatment can take up to 14 days to take full effect. Usually patients notice a change in 4-5 days. Please wait until the 14 days have passed before assessing your treatment results.
- Small bruises sometimes occur and should resolve in 3-5 days.

If you have any medical problems that arise while participating, please keep us informed. If an urgent medical problem should arise and you have a concern that it may be related to your care, please call us at 386-882-7830 and contact your primary care physician or go to the nearest healthcare facility/Emergency Room to have the problem assessed immediately.

Signature

